

SENIOR SERVICES

JFCS' Senior Services support the dignity and independence of older adults. We partner with you to provide transportation, grocery shopping and errands, and kosher Meals on Wheels, as well as highly-personalized senior care services, including:

Case Management

Clients can choose to work with a Case Manager who becomes the primary contact for the delivery of multiple services. Case Management is tailored to your unique situation and may include some of the following:

- > Identifying needs, determining priorities and developing a personalized plan of service
- > Coordinating delivery of JFCS services and connecting to community resources
- > Advocating and mediating with health care providers, HMOs, home care agencies, entitlement programs and other services, along with assistance completing applications
- > Assistance and guidance with problem solving such as assessing housing options and a person's ability to drive
- > Education on navigating obstacles and accessing information and resources
- > Helping prevent social isolation and supporting clients to maintain a sense of purpose and belonging

Care Planning Consultation

During a crisis or before one arises, Care Planning helps families articulate issues and challenges, learn about available resources, create a plan for maximizing independence and more.

Caregiver Coaching

Our Caregiver Coaches work with family members to guide them in making changes to improve everyday life at home; whether by promoting better self-care or by offering tips to deal with dementia-related conduct.

Holocaust Survivor Support

JFCS Senior Services professional staff works closely with Holocaust survivors to ensure safe, supported and dignified living, and connect to resources and reparations.

Support is tailored to the individual's needs and may include the following:

- > Case management to assess and identify needs and develop a comprehensive care plan
- > Connection to JFCS services including meals on wheels, transportation, counseling, shopping and companionship, and referrals to other community resources
- > Eligible Holocaust survivors may qualify for essential services such as homecare, housekeeping and reparations

**For more information
on JFCS Senior
Services call
952-546-0616**

OUR MISSION

Jewish Family and Children's Service of Minneapolis provides essential services to people of all ages and backgrounds to sustain healthy relationships, ease suffering, and offer support in times of need.

OUR VALUES

Based on the Jewish concept of *tikkun olam* (repairing the world), Jewish Family and Children's Service of Minneapolis believes everyone is entitled to equal economic, political and social rights and opportunities. As a human service organization, we value:

- > Compassion
- > Inclusion
- > Innovation
- > Integrity
- > Collaboration

Lead Sponsors

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