

## KOSHER MEALS ON WHEELS

JFCS provides kosher Meals On Wheels to clients within our service area. Frozen meals are delivered once a week directly to the clients' homes.

### Who can use this Program?

Kosher Meals on Wheels is available to people ages 60 and older.

### How do I sign up

Register by calling 952-546-0616. We'll visit your home to enroll you.

### How much does it cost?

Meals are \$6.50 each. A sliding fee scale is available based on your income.

### How are meals delivered?

Kosher frozen meals are delivered once per week. Meals will arrive between 10 a.m. and 2 p.m. on your scheduled delivery day. You must be home to receive your meal.

### What is in my meal?

Menus are provided weekly. Meals include a variety of meat or dairy items.

**For more information  
call 952-546-0616**

#### OUR MISSION

Jewish Family and Children's Service of Minneapolis provides essential services to people of all ages and backgrounds to sustain healthy relationships, ease suffering, and offer support in times of need.

#### OUR VALUES

Based on the Jewish concept of *tikkun olam* (repairing the world), Jewish Family and Children's Service of Minneapolis believes everyone is entitled to equal economic, political and social rights and opportunities. As a human service organization, we value:

- > Compassion
- > Inclusion
- > Innovation
- > Integrity
- > Collaboration

*This Kosher Meals on Wheels program is funded through Volunteers of America Senior Nutrition, under a contract with the Metropolitan Area Agency on Aging as part of the Older Americans Act Program, Minneapolis Jewish Federation and client contributions.*

[www.jfcsmpls.org](http://www.jfcsmpls.org)