



planning for the future-today

CARE PLANNING CONSULTATION

Our JFCS Senior Services professional staff works closely with adults 60 years of age and older and their families to ensure safe, supported and independent living at home and provide resources, education and respite for caregivers.

Care Planning Consultation helps when families notice changes in parents and/or spouses. During a crisis or before one arises, Care Planning Consultation helps families articulate issues and challenges, learn about available resources, create a plan for maximizing independence and more. Call for more information.

Changes in your parent/spouse to take notice of:

- > Becoming forgetful
- > Withdrawing from social activities
- > Not sleeping
- > Overwhelmed by normal tasks
- > Less sure behind the wheel
- > Contemplating a move

Care Planning Consultations can help families:

- > Articulate the issues
- > Learn about available resources
- > Prioritize which issues need to be addressed first
- > Determine a division of labor among family members and learn how to support each other
- > Create a plan for maximizing the independence of their loved one

**For more information
on Care Planning
Consultation, call
952-546-0616**

OUR MISSION

Jewish Family and Children's Service of Minneapolis provides essential services to people of all ages and backgrounds to sustain healthy relationships, ease suffering, and offer support in times of need.

OUR VALUES

Based on the Jewish concept of *tikkun olam* (repairing the world), Jewish Family and Children's Service of Minneapolis believes everyone is entitled to equal economic, political and social rights and opportunities. As a human service organization, we value:

- > Compassion
- > Inclusion
- > Innovation
- > Integrity
- > Collaboration