

TWIN CITIES JEWISH COMMUNITY  
17<sup>TH</sup> ANNUAL CONFERENCE ON MENTAL HEALTH



*From Hurting  
to Healing:*  
Journeys of Courage and Hope

Featuring keynoter  
**Melody Moezzi**

Iranian-American activist, award-winning  
writer and attorney, author of  
*Haldol and Hyacinths: A Bipolar Life*

**Plus**

- 22 workshops to choose from
- Free kosher box lunch with registration by Oct. 6
- Free transportation from St. Paul JCC on request
  - ASL interpretation during keynote session

**Sunday, October 22**

10 am to 4 pm

**At Temple Israel**

2323 Fremont Avenue South  
Minneapolis, MN 55405

**Register by October 6**

at [www.jfcsmpls.org](http://www.jfcsmpls.org) or call 651-698-0767

***Free and open to people of all faiths and spiritualities!***

This conference is a collaboration of

