107 years old...and still going strong!
JFCS stays committed to responding to community needs as they arise

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Conference for Caregivers
Remembering former JFCS Director Irv Nudell

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Check out our new look at www.jfcsmpls.org!

JFCS is thrilled to announce the launch of our completely redesigned website at www.jfcsmpls.org. It’s a whole new look – for the same great services!

Our goals with the new website are to:

- Provide clear information on who we are and what we do
- Make it easy for our visitors to navigate and find information about our programs, how to get help, get involved, volunteer and/or donate
- Show off our personality – JFCS is a professional, compassionate, welcoming and inclusive agency, and we want our website visitors to observe this immediately

We hope you find the new website to be a wonderful reflection of the important work JFCS does to serve and offer support to all in our community who are in need!
A Month in the Life of a Career Services Client

Kevin had been out of work for a month, and was working on his résumé at a Hennepin County Library when he saw JFCS Employment Specialist Dana Shapiro offering free 20-minute résumé assistance sessions. After working with her, he realized he had a lot to learn to move forward in his career search – it had been 15 years since he had last applied for a job.

Kevin’s situation is common according to Jodi Alter, another JFCS Employment Specialist. “A lot of clients don’t even know what the job search looks like now, compared to what it used to be when they last applied,” she said. “They realize it’s a lot more complex than in years past and want professional help.”

The first step at JFCS for jobseekers is the Job Search Process Seminar. “A lot of clients don’t even know what the job search looks like now, compared to what it used to be when they last applied,” said Employment Specialist Anna Ferdelman. “For many, it’s the fear of the unknown and wondering if they even have the skills to get another job.”

Phase 2 – Addressing the whole person

Our Career Services staff always takes a holistic approach to working with clients on their job search. We provide online workshops focusing on mindfulness and job search strategies and also refer job seekers to career counseling, financial literacy classes and mental health counseling if needed. The truth is, finding a job almost always goes beyond straightforward résumé writing and interview skills. “We believe how you show up in an interview is as important as how you answer a question,” Alter said. We challenge our clients to go beyond the résumé and cover letter and explore the deeper facets of the job search. We encouraged Kevin to ask, “How am I showing up?” and really take an honest look at how his body language, tone of voice, and willingness to connect affected his overall presence – not just at networking meetings and interviews.

Phase 3 – Putting yourself out there

Kevin worked with us to determine his career goals – both short-term (networking and updating his résumé) and long-term (finding a job that is meaningful to him). To make sure our clients achieve these goals, Employment Specialists maintain weekly or bi-weekly contact, offering one-on-one sessions in areas such as résumé assistance, LinkedIn training and more.

Clients decide which areas they want to focus on at each session. All of our employment specialists are Certified Professional Résumé Writers (CPRW) and another benefit of Career Services is connections to employers. Although we do not make direct placements, our Business Relations Manager has relationships with dozens of local employers. We encourage clients to attend JFCS’ monthly Professional Networking Groups and Employer Breakfast sessions. Kevin was a regular attendee at both events. Meeting many other people who were in the same position in their job search reminded him he wasn’t alone. Many other people who were in the same position in their job search reminded him he wasn’t alone. Meeting many other people who were in the same position in their job search reminded him he wasn’t alone.

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Phase 4 – Perseverance….and success!

All of Kevin’s hard work paid off – he was offered a job in his desired field about one month from the day he first connected with JFCS at the Hennepin County library. For others, the process takes longer. Rejection from an employer is extremely common and simply part of the process. “We often serve as our clients’ biggest cheerleaders and support system during this difficult time,” Alter said.

“The key for clients is to stay resilient,” said Brooke Greenwell, Program Manager. “All our data shows that the more active a client is in the job search, the more likely they are to find success.”

And when our clients do receive that “good call,” no one is more excited than our Employment Specialists. “I have a lot of clients where we are their only support and we are the first person they call with the good news,” Shapiro said. “It’s a transformation for them and it’s very inspiring to watch.”

Kevin said he was extremely thankful he decided to work with JFCS in his career search. “I have no doubt I wouldn’t have gotten this job offer without their help,” he said. “I felt confident going into the interview thanks to their coaching and was able to demonstrate why I should get the job. I really can’t thank JFCS enough.”

To learn more about how we can help, contact the JFCS Career Services Intake line at 952-417-2111.
Deb Grossfield and Marc Grossfield to keynote April 30 Conference for Caregivers

The Twin Cities Jewish Community Alzheimer’s Task Force will present the 4th Conference for Caregivers. This year’s conference will focus on those supporting a loved one with dementia. The “Keeping the Spirit Alive” Conference will be held on Sunday, April 30, from 8 a.m. to 4:45 p.m. at Adath Jeshurun Congregation (10500 Hillside Lane, Minnetonka).

This year’s keynote speakers are Deb Grossfield and Marc Grossfield, the adult children of a parent who has been living with Alzheimer’s for 16 years. Deb and Marc’s father, Stuart Grossfield, was diagnosed with Alzheimer’s disease in 2001. Since the day of diagnosis, their families have lived through many emotions, incidents, and “grey” matters that make Alzheimer’s disease is challenging for those living with the disease and their care partners. They recently spoke with JFCS.

Why did you want to speak at this conference?
Deb: It is really not possible to understand what it is like until you personally have to deal with a loved one who has dementia or Alzheimer’s. And on top of that, dementia and Alzheimer’s appears differently in different people. So by sharing my experience, as someone who is going through it, I can try to help others by validating their feelings and maybe giving them some coping ideas.
Marc: I want to help others in a similar position understand that they are not alone, that their issues are not unique and that there are people and resources in our community who will help them. I also feel that this is a way of honoring my father and mother.

How have your roles as caregivers evolved over the years?
Deb: It was a very slow transition from a daughter who is just spending extra time with her father and helping him out with small things, to a daughter who entertains her father and spends time with him, to a daughter who takes care of a father who doesn’t really understand what that relationship means.
Marc: Most of the time I spend with Dad is at our Shabbos meals. He likes when we take a walk around the lake together and go out for lunch – I feel guilty I don’t do this more often. We are fortunate that my parents bought long-term care health insurance. This pays for caregivers to keep my father company and go out for lunch – I feel guilty I don’t do this more often.

What is the most important thing you do for yourself that helps you be a better caregiver?
Deb: I remind myself who my father used to be and I focus on how I am helping my mother.
Marc: I don’t know how to answer this question except to say that I have learned what in life I can control and what I cannot control. If I keep reminding myself of this, it helps a lot.

What is the biggest misconception about caregiving—the thing you find yourself having to explain to other people the most?
Deb: The disease’s progression is not linear. My father would have good and bad days, but the overall direction was that his inner world diminished little by little. Also, people would ask why we hadn’t “put him away” somewhere yet and they didn’t realize the things that made him who he is were still intrinsically part of him. It would be easier if this were not the case.
Marc: Most caregivers probably know this technique, which is not to correct my father when he makes mistakes. Ninety-nine percent of the time I know what he means, and if I don’t, I keep asking simple, clarifying questions until I get it. If he keeps asking the same question over and over, then I change the subject. I never talk down to him or give him a negative expression. A strong, long hug is what my dad needs most.

How will you pass on what you have learned to the caregivers attending this event?
Deb: It is really not possible to understand what it is like until you personally have to deal with a loved one who has dementia or Alzheimer’s. And on top of that, dementia and Alzheimer’s appears differently in different people. So by sharing my experience, as someone who is going through it, I can try to help others by validating their feelings and maybe giving them some coping ideas.
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This event is free, but registration is required. Register online at www.jfssp.org/keepingthespirit or call 651-698-0767. Breakfast and snacks will be provided. Dietary laws will be observed. Register early: workshop space is limited.

Deb Grossfield and Marc Grossfield
J-Pride Program Coordinator
hrenetzky@jfcsmpls.org or 612-481-1037.
For more information contact Heather Renetzky, J-Pride Program Coordinator at hrenetzky@jfcsmpls.org or 612-481-1037.
J-Pride is a program of Jewish Family and Children’s Service of Minneapolis (JFCS).
Former JFCS Director Irv Nudell’s ‘life was devoted to helping people’

E ven though they had been married for many years, Charlotte and Irv Nudell said she hadn’t heard her husband, Irv, speak publicly in front of a large group until his first JFCS Annual Meeting he led after becoming JFCS Director in the early 1970s.

“I remember thinking to myself, ‘Wow…he’s good,’” Charlotte said, laughing about the memory. “I was surprised.” Irv was so humble and unassuming even his wife was impressed at how natural he was in the role as JFCS Director, which he served from 1972-1986.

Irv Nudell passed away in January at the age of 92. He worked at JFCS for 34 years total, including the years he served as Director. JFCS Chief Executive Officer Judy Halper said Irv had a huge role in transforming JFCS from a small 12-person “shop” with a small budget, to an organization of 35 staff and a budget of nearly $2 million. “Irv was legendary for the work JFCS was doing in the community.

Irv’s greatest accomplishment during his leadership tenure at JFCS was successfully lobbying the Minneapolis Jewish Federation to provide increased funding, allowing JFCS to add more programs and grow considerably. “Irv was responsible for JFCS gaining respect in the Jewish community,” said former CEO Jerry Waldman, who followed Irv.

Charlotte joked that Irv sometimes had a tendency to be unorganized at home, so one day she asked him how he did so well being in charge of JFCS. In his typically modest way, he said, “I hire good people and get out of the way.” However, this modesty underlines how committed and talented he was at leading JFCS. Charlotte said Irv would want to be remembered as a leader who respected the opinions of his fellow staff members and had great esteem for the work JFCS was doing in the community.

“Irv was the embodiment of kindness and humility.”

Prior to working at JFCS, Irv worked as a vocational counselor at the University of Minnesota and also served in the army during World War II, working as an X-ray technician where he was stationed in Japan.

“His life was devoted to helping people,” Charlotte said. “He liked doing the work very much. He was proud to be Jewish and loved working in the Jewish community.”

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Irv Nudell, who died in January, served as JFCS Director from 1972-86. JFCS grew significantly during this period, thanks to Nudell’s leadership.

“Irv was the embodiment of kindness and humility.”
– JFCS Chief Executive Officer Judy Halper

JFCS’ annual Give campaign raises critical funds that are used on an annual basis to support our programs and services. Funds from the Annual Campaign may be used to support specific projects, or for unrestricted purposes, allowing us to respond when needs arise or if current funding sources shift. Thanks to over 1,000 donors, our Give2016 campaign last year raised a record breaking $615,000.

JFCS has served people of all backgrounds since 1910. As the needs have changed from immigrant populations to elderly, adoption services, career assistance, mental health and back again, we have continued to provide high-quality services, delivered with professionalism and expertise. Our donors have contributed every step of the way, giving a voice and vote of confidence to JFCS and our place in the community.

You will be receiving our Give2017 appeal in the mail soon. We look forward to your ongoing support and commitment. In return, the community will receive JFCS’ commitment to delivering exceptional services, high-quality programs and supporting ongoing and emerging needs, now and well into the future.

TO SUPPORT GIVE2017, CALL 952-546-0616 OR VISIT WWW.JFCSMPLS.ORG, CLICK ON “DONATE” AND SELECT “GIVE2017 CAMPAIGN.”

“I’m honored to chair the Give2017 campaign. Many JFCS supporters may not know that the Give2017 annual campaign provides unrestricted funds – these flexible funds are critical for JFCS to invest in staff and innovative programs. Give2017 ensures that the organization can respond to the evolving and growing need in the community for JFCS’ critical support services. Please join me in donating to Give2017!”
– Give2017 Chair Jeremy Kalin
MITZVAH CARDS 101
Mitzvah Cards are a convenient way to make a contribution to JFCS and honor someone you care about at the same time! Check out the ways you can give:

- **Online** – Go to www.jfcsmpl.org and click on “Donate,” then “Mitzvah Cards”
- **Phone** – Call the Mitzvah Card hotline at 952-542-4817
- **Email** – Send your request to sendcards@jfcsmpl.org
- **Mail** – Send a JFCS contribution envelope to Jewish Family & Children’s Service of Minneapolis

Upon receiving your donation, a beautiful Mitzvah Card will be sent to the designated recipient. For more information, or if you would like to receive a packet of donation envelopes, call the Mitzvah Card hotline at 952-542-4817.
is a beautiful tribute to those JFCS for their memorials. It is a reminder of the love and support that can heal and help us navigate the many difficulties we face in our lives.
JFCS Endowment Funds

Supporting availability and for the future.

Bill and Raiselle Abelman Family Fund for the hearing impaired and for use as needed for client services
David and Joyce Abravanel Family Foundation Camp Scholarship for children and youth who, with such needed, camps, would be unlikely to be able to experience a camp experience

An Anonymous Fund to support the Twin Cities Jewish Healing Program
An Anonymous Fund to help improve the quality of life for the elderly who struggle with mental health needs
Bob and Sharon Ansel Fund to support programs and services for older adults
Douglas and Alvin Apple Family Fund for use where most needed
Lorraine and Sidney Applebaum Family Fund for use wherever most needed

Rivka L. Appleman Fund to support programs and services for people with developmental disabilities
Molly and Sid Bader Fund for children with special needs
Anita and Ben Rattiner Family Fund for use where most needed
Bernard and Rene Bader Family Fund for use where most needed
Barry, R. Baines, M.D. Twin Cities Jewish Healing Program Foundation to support the Twin Cities Jewish Healing Program
Margie and Michael Baker Fund to provide scholarships for guidance counseling
Baruch Barmat Fund for use where most needed
Marlilyn and Larry Barrahen Fund Family Fund for older adults and for vocational training
Alex B. Bank and Jacob Barry Children’s Family Fund for children and youth
Michael and Erica Barry Family Fund for use where most needed
Barry and Randi Beinstein Family Fund to support programs and services for older adults and for vocational training
Barbara D. and Leo Borensztein Fund to support programs and services for children with special needs
Bette Family Fund for children and older adults
Jane and Steve Benowitz Fund for assistance with medical and dental needs
Fred and Marge Berdows Family Fund to support services to those in need
Charlotte and Richard Berman Family Fund for use where most needed
Joanne Ferraro and Robert Beugen Family Fund to support children’s scholarships to encourage young people with special interests
Dana and Linda Miller Family Fund for early educational scholarships and general programming
Barbara White Family Fund for use where most needed
Linda and Miles Brandman Family Fund to support older adult services to include assisted transportation, respite care or where most needed
Grace Davis “Daddy to Daddy” Healing Get-Away Fund to help children who are ill, and their families, with special financial and cultural needs
Haims Build Special Family Endowment Fund for use where most needed
Caring for Our Children Fund to support programs and services to children with autism spectrum disorders and other disabilities
Chalfen Family Fund for use where most needed
Sara and Ida Chipman Camp Scholarship Fund
Stuart A. Chinoy Young Adult, Smith Scharf Endowment Fund
Arvin Cohen Hulett Athletic Fund to support children and youth to participate in athletics
Joe and Foddell Cohen Family Fund for use where most needed
Laurie-Leandra Edelman Cohen Fund to support the Twin Cities Jewish Healing Program and programs for people with special needs
Edythe and Haskell Cohodes Special Needs Inclusion Fund to provide staff to support and trainees to children with special needs
Joy and Rod Cooperman Family Fund to support the Twin Cities Jewish Healing Program
Stuart Cowle Memorial Fund to support programs and services for older adults
Leo and Yvette Cron Memorial Service Fund to provide household maintenance services to older adults and people with disabilities
Dacha Family Fund for services to children whose needs are most urgent
Davidson Family Fund to support education and children’s needs
Jesse Davidson Fund to support services related to substance abuse
Stephen J. Davidson Technology Fund to support technology used to support the JFCS PTSD services
Ruth Davis Fund to support athletic opportunities for youth
Barbara and Neal Frank Fund for use where most needed
Libby and Ben Frank Fund to support programs and services for children in need, special educational needs, and other improvement living situations
Rita and Byron Frank Family Fund for use where most needed
Domestic Abuse Fund to provide pre-exposure education and training
Caron H. Dubinsky Family Fund to provide assistance to single parents and financially-challenged families with school-related costs for Jewish education
Elliot S. Dubinsky Fund to support the Twin Cities Jewish Healing Program
Lubin-Dubinsky-Winskis-Maccas/Marvin Dubinsky Endowment Fund to support special educational costs for youth with disabilities
Doris and Moshe Dworsky Fund for emergency medical programs
Peretz Dworsky Fund for use where most needed
Rudolf Engel Memorial Fund for use where most needed
Michael Engeler Children’s Fund to support programs and services for children
Mark and Carol Epstein Family Fund for use where most needed
Richard and Jennifer Zerlov Family Fund to support children and families with special needs
Vivian and Bob Ezrulov Fund to support services to children
David E. Ezrulov Family Fund for use where most needed
Franne and Neil Feinberg Healing Fund
Joan and Arnold Feinberg Fund for use where most needed
Fenster/Dezurow/Meyer Fund in support of the Jewish Health Services of the Twin Cities
Carolyn Friedenthal Foundation Fund for use where most needed
Cindi and Harold Goldfine Fund for service to children with special needs
Lauren’s Annual Benefit Dessert Reception
Sylvia and Arnold Goldfine Fund for use where most needed
Lois and Stanley Goodman Family Fund for services to children and youth
Sarah’s Camp Scholarship and Counseling
Harry Feinman Memorial Fund to support services to Russian Jewish immigrant children
Aaron Feuer Fund to provide mental health services to older adults and young adults
Ida Finne and Janice Kovel Fund for use where most needed
Gerta and Harald Fishman Fund to support education and children’s needs
Mike and Linda Fitzerman Youth Experience Fund to provide youth with the opportunity to travel to Israel
Robert and Virginia Furlbush Fund for use where most needed
Barbara and Neal Frank Fund for use where most needed
Alex and Erwin Grossman Family Fund for use where most needed
Kellie and Alan Hallock Family Fund to support services for children in need of residential placement and other improvement living situations
Judy and Byron Frank Family Fund for use where most needed
Halpern Green Family Fund for use where most needed
Sid Hartman Fund to support the JFCS Jewish Big Brother/Big Sister Program
Engel Hech Fund for use where most needed
Eloise Hallberman Family Fund for Healthy Family Relationships to support programs and services to combat Antisemitism and family violence
Avron (Ron) C. Heilman Healing Fund to support activities of the Twin Cities Jewish Healing Program
Jory M. Herman Family Summer Youth Experience Fund to assist youth to attend summer camp or have an Israel experience
An Agnes Hoffman Hoffman Travel Fund to support the pilgrimage of a family during the High Holidays
Tina (Tina) Heilman Family Fund to support mental health services for seniors
Faye and Susan Kopp Family Fund for adults with developmental disabilities
Jon and Libby Kopman’s Family Fund for use where most needed
Jeanette and Mau Kornov Family Fund to provide special services during medical care for children and older adults
Cliff and Susan Lake Family Fund to provide services to adults
Mark (Pascal) Jaffe Fund to support services to the Twin Cities Jewish Healing Program
Barbara and Steve Goldfaltz Designated Fund to benefit the JFCS Jewish Big Brother/Big Sister Programs
Marvin A. Johnson Fund to support educational programs to children with special needs
Tramaine and Neil Feinberg Healing Fund
Joel and Andrea Feinberg Fund for use where most needed
Dr. Joe and Vivian Feinberg Fund for use where most needed
Lauren’s Annual Benefit Dessert Reception
Sylvia and Arnold Goldfine Fund for use where most needed
Jewish Family and Children’s Service of Minneapolis
Why we all need a Passover Hag Sameach

Deb Savit • JFCS Community Involvement Manager

Hag Sameach means happy holiday, and the JFCS Hag Sameach program has been synonymous with providing overhanging bags of Chanukah or holiday gifts for the past 24 years. This is an incredible operation—really a community effort—and it could not be more proud of the way our community steps up to support it. By providing a range of donations including cash, gift items, supplies and volunteer time for this amazing enterprise, JFCS utilizes 200 volunteers to reach 700 individuals in our community this holiday season.

Passover Hag Sameach, the program’s younger sister, was born many years after the launch of our winter program, and built upon the same successful model. As an easy, manageable way to engage with JFCS and our larger community, nearly anyone can participate by decorating, assembling or providing the Passover bags filled with ritual items and food created for Jewish individuals and families in our community. In addition, the Adopt A Family component offers a reasonable donation opportunity to cover the cost of each Passover bag created. For just “double chai” – $36 (though of course a donation of any size is gratefully accepted and appreciated to help offset the cost of the bags), JFCS creates a virtual Seder-in-a-bag for each recipient. Last year JFCS provided nearly 200 food bags for referred families and individuals.

The Passover Seder offers us a framework to reflect on our values and ask difficult questions, so here is one more: Why is Passover Hag Sameach so important? Our Passover Seder might be one of the most significant and widely-observed rituals in Jewish practice. It teaches us, as we walk through the retelling of the Exodus, about a journey from slavery to freedom and to a new destination; and about triumph over challenge; inclusion over exclusion; and welcoming the stranger. That makes the Passover story malleable, personal and relevant to any community at any time in history.

Often, the families or individuals referred to us as gift recipients are facing challenges in their lives that might otherwise preclude them from participating in the holiday. Receiving a bag of ritual items can make a difference at a time when they might otherwise feel isolated, disconnected or disengaged is reflective of all the holiday stands for, and is a simple yet meaningful gesture for those who just might need it the most. At the same time, this program offers our community a chance to come together and walk the talk of what Passover is all about by extending a hand and a bag of hope to those who need it.

To sign up for Hag Sameach bag delivery on April 2 or to make an Adopt A Family donation visit www.jfcsmpls.org. For more information about the Hag Sameach program contact Mindy Tiel, Hag Sameach Coordinator, at mtiel@jfcsmpls.org or 952-542-4870.

Consider a legacy gift to JFCS

Our Legacy Donors are people like you, who want to:

- Ensure that people need and/or in crisis will always be able to turn to JFCS for high-quality help and support.
- Recognize that JFCS programs and services are available to the broader community at any time.
- Engage with an organization that they trust and support and will continue to serve this community for the next 10 years and beyond.

Please join JFCS and demonstrate your commitment to the well-being of our community by making a legacy commitment for future generations.

JFCS participates in It’s Your Legacy, a program in partnership with LIFE LEGACY® of the Harold Grinspoon Foundation (HGF). For further information or to have a conversation about a legacy gift, please contact Dana Ruben, Development Director, at 952-542-4803.
Photos

JFCS 28th Annual “Laugh on Their Behalf” Benefit
The Benefit, held Nov. 19, at the Hilton Minneapolis, netted over $500,000. The Mike and Sarah Badower Family was honored with the JFCS Friends of the Family Award.

Adopt A Family For Passover

Adopt A Family for Passover is a wonderful mitzvah opportunity through the Hag Sameach (Happy Holidays) Program of Jewish Family and Children’s Service of Minneapolis. Referred individuals and families in need will receive a gift bag of ritual Passover foods and other items to help celebrate the holiday. For a $36 donation you can Adopt A Family and help cover the cost of each bag. Often this is a family’s only opportunity to obtain the items they need to celebrate the traditions of Passover. Last year JFCS served nearly 200 families.

For more information, contact Mindy Teele, Hag Sameach Coordinator, at 952-542-4870 or mteele@jfcsmpls.org

Pay by check, credit card or visit www.jfcsmpls.org to make your $36 donation

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Deciding how to care for an aging family member isn’t easy, but it’s much more difficult when you are forced to make a decision in the middle of a crisis. Don’t wait to make your plan!

Contact JFCS Senior Care Planning services today at 952-546-0616 to set up a consultation.

Have you noticed changes in your parent/spouse? Are they:

- Becoming forgetful
- Withdrawing from social activities
- Not sleeping
- Overwhelmed by normal tasks
- Less sure behind the wheel
- Contemplating a move

JFCS Senior Care Planning services will help families:

- Articulate the issues
- Learn about resources available to them
- Prioritize which issues need to be addressed first
- Determine a division of labor among family members and learn how to help support each other
- Create a plan for maximizing the independence of their loved one

Things are changing with dad…. don’t wait for a crisis!

Make a plan now with JFCS Senior Care Planning services
TO OUR VALUED SUPPORTERS,

Each year Jewish Family and Children’s Service of Minneapolis (JFCS) serves thousands in the community in the areas of Aging Services, Career Services, Children and Family Services, Community Engagement, and Counseling and Mental Health Support Services. Our Annual Report provides an opportunity to share our scorecard with you, tell our story and provide some of the highlights in these program areas from the past year. These stories bring to life the realness of need and the compassionate service extended every day, and demonstrate the satisfaction and positive outcome for individuals and families. This is what it means to be accountable and transparent, and always guaranteeing the most caring service from highly trained and welcoming staff.

In 2016, we focused on strategic planning and asked ourselves the following questions: What are the needs of people in our community? What are the interventions that will yield the best outcomes? How do we know that we make a difference? What would fill the vacuum if we didn’t exist? These are some of the essential questions we at JFCS continuously ask ourselves in order to provide caring, professional service to all people in need, while ensuring that we are responsible stewards of the resources and support you provide.

Please enjoy our report and then visit our newly designed website, www.jfcsmpls.org, to learn more about our 107-year-old organization, as essential today as it was more than a century ago. We are in constant pursuit of excellence, and your engagement and feedback, as well as your support, ensure that JFCS will continue to be the place people turn to sustain healthy relationships, ease suffering and receive support.

With extreme gratitude,

JUDY HALPER
Chief Executive Officer

DANNY ZOUBER
Board President

STATEMENT OF FINANCIAL POSITION

*Audit scheduled to be completed in May

<table>
<thead>
<tr>
<th>Assets</th>
<th>FYE 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$ 400,287</td>
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<tr>
<td>Current receivables and other current assets</td>
<td>$ 2,620,120</td>
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<tr>
<td>Investments</td>
<td>$ 311,326</td>
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<td>Long-term assets</td>
<td>$ 390,876</td>
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<tr>
<td>Property and equipment, net</td>
<td>$ 110,824</td>
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<td>Donated space</td>
<td>$ 918,225</td>
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<td>Endowment held at JCF</td>
<td>$ 10,207,117</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$ 14,978,775</strong></td>
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<table>
<thead>
<tr>
<th>Liabilities and Net Assets</th>
<th>FYE 2016</th>
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</thead>
<tbody>
<tr>
<td>Accounts payable</td>
<td>$ 127,770</td>
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<tr>
<td>Accrued expenses</td>
<td>$ 285,166</td>
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<tr>
<td>Deferred revenue</td>
<td>$ 137,201</td>
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<tr>
<td>Other long-term liabilities</td>
<td>$ 317,355</td>
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<tr>
<td><strong>Net Assets</strong></td>
<td><strong>$ 14,111,282</strong></td>
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<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>$ 14,978,775</strong></td>
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<table>
<thead>
<tr>
<th>Support and Revenues</th>
<th>FYE 2016</th>
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</thead>
<tbody>
<tr>
<td>Direct contributions</td>
<td>$ 991,663</td>
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<tr>
<td>Indirect contributions*</td>
<td>$ 1,258,254</td>
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<tr>
<td>Non-government grants</td>
<td>$ 1,267,049</td>
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<td>Government grants</td>
<td>$ 1,827,682</td>
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<td>Government fees</td>
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<td>Program service fees, other</td>
<td>$ 1,184,203</td>
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<td>Gain (loss) on investments</td>
<td>$ 608,496</td>
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<td>Special events</td>
<td>$ 435,556</td>
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<tr>
<td><strong>Total Revenues</strong></td>
<td><strong>$ 8,297,962</strong></td>
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<table>
<thead>
<tr>
<th>Expenses</th>
<th>FYE 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical and case management services</td>
<td>$ 1,143,783</td>
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<tr>
<td>Aging and disability services</td>
<td>$ 1,422,898</td>
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<td>Community services</td>
<td>$ 660,946</td>
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<tr>
<td>Children’s services</td>
<td>$ 862,319</td>
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<td>Career services</td>
<td>$ 2,207,176</td>
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<tr>
<td>Management and general</td>
<td>$ 1,187,634</td>
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<td>Development and fundraising</td>
<td>$ 801,974</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$ 8,286,730</strong></td>
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<tr>
<td>Change in Net Assets</td>
<td>$ 11,232</td>
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</tbody>
</table>
2016 Highlights

**Aging Services**

14 caregivers for people who have been diagnosed with Alzheimer’s disease or other related dementia received Caregiver Coaching as part of a new JFCS program. Senior Services staff, who are certified in Advance Dementia Capabilities, guide family members in making changes to improve self-care and also coordinate services to benefit the person living with dementia.

2016 was a year of strategic planning for JFCS’ Aging Services department. Our process focused on assessing community needs, increasing program participation, identifying service gaps, improving efficiency and innovation. Focus groups, surveys, SWOT analyses, and extensive staff follow-up have helped position Aging Services to meet the needs of more seniors and their loved ones in the years ahead.

83 Holocaust survivors received care coordination, cleaning, shopping, Meals on Wheels and bathing assistance through JFCS Senior Services. The Survivor Support program provides in-home services and care coordination to make the lives of survivors easier as they age. Most survivors are becoming increasingly frail, and their support needs are increasing; JFCS is seeking to expand resources to meet this expanding need.

**Children and Family Services**

PJ Library Minneapolis hit a subscriber milestone! Our program now sends books, keepsakes and activity booklets to over 1,000 children and their families within Hennepin County. PJ Library also hosted its first-ever “Cookies and Canvas” event in December. Local artist extraordinary Judy Freeman led children ages 2-8 and their grandparents or special friend in an art project. The event was incredibly successful, engaging over 75 children and 60 adults for a creative afternoon.

An all-time high 200 families are participating in the Parent-Child Home Program (PCHP) in the 2016-17 school year. These families receive free educational books and toys and are trained in creative ways to learn and play together, paving the way for their children to be ready for preschool and kindergarten. This marks an increase of 64 families from the previous year. This expansion occurred as the result of a significant increase in funding from the Minnesota Department of Education.

**Career Services**

Minneapolis Employment and Training (MET) selected JFCS as its 2016 Adult Service Provider of the Year in recognition of our success in helping Minneapolis residents find high-quality employment. For the 25 people JFCS’ Career Training Assistance program served in the past year, our placement rate was 92 percent and the credential attainment rate was 88 percent – both exceeding expected outcomes.

JFCS Career Services provided clients with access to two new tools to help them in their job searches. InterviewStream allows participants to use any device with a camera to set up a practice interview, record it, and share it with a JFCS staff member who will provide coaching. TalentNeuron gives JFCS employment specialists access to a massive database that provides real-time job postings, labor market information, analysis of résumés, and much more.

**Advocacy**

The Advocacy Committee, chaired by Aaron Cohn, and the Community and Mental Health Services Committee, chaired by Rabbi David Fredman, were screened for eligibility for the Supplemental Nutrition Assistance Program (food stamps) through our Food Security Program. This initiative began with the support of a year-long grant from MAZON: A Jewish Response to Hunger. Fortunately, when the grant ended we were able to extend the program to allow JFCS staff to continue serving low-income seniors through one-on-one interventions, in addition to participating in 100 food-related outreach events in 2016. We also continued our partnership with PRISM food shelf and thrift store, collaborating in several areas, including staff training and volunteer engagement.

More than 675 people participated in Family Life Education programs. These include “Tools for Healthy Grieving,” the Dementia Caregivers support group, parent education programs, facilitator trainings, job seekers training, a six-session bullying prevention and education program in collaboration with Torah Academy, and more.
AGING SERVICES
JFCS’ Aging Services support the dignity and independence of older adults. We provide numerous services for seniors including transportation, grocery shopping, kosher Meals on Wheels, and adult day services that all center on providing highly-personalized care with boundless compassion.

CAREER SERVICES
JFCS’ full array of Career Services helps job seekers prepare for success in today’s competitive job market. Our programs empower people to explore, identify and achieve their visions of career success.

CHILDREN & FAMILY SERVICES
Our many services for children and families provide the tools and support needed to live stable and engaged lives. This includes counseling, case management, mentorship, financial assistance and other programs that aid stability, self-sufficiency and food security.

COMMUNITY ENGAGEMENT
JFCS looks for opportunities that help build and sustain well-being and meaningful connections, creating a stronger community. Through our partnership with PRISM Food Shelf and initiatives such as the Mental Health Education Project, we aim to be a valuable and contributing member of the Jewish community, broader Twin Cities community and beyond.

COUNSELING & MENTAL HEALTH SUPPORT
Our highly-skilled and experienced therapists and case managers provide programs and services that address mental health and other life challenges and struggles people face throughout their lives.

MISSION STATEMENT
Jewish Family and Children’s Service of Minneapolis provides essential services to people of all ages and backgrounds to sustain healthy relationships, ease suffering and offer support in times of need.

FIND HELP • VOLUNTEER • DONATE
For more information about our programs and services, visit www.jfcsmpls.org.